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COLEMAN, ALTA.

The Coleman Journal

Most Effective Advertising Medium reaching the People of Town and District. The Journal goes into the Homes.

VOLUME 25 — No. 55

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Coleman Lions Club April Shower

We may not get the conventional April Showers but it will not be long until we get the Lions' April Shower. This event takes place next month and through the generosity of the following Coleman business-men some lucky citizen is going to meet the new season with a smile and a full pantry. At this draw, the sole winner will take home the following items, all of which have been donated by the merchants whose names appear in mirror (Pet's Service Station):

brackets:
24 lbs. of flour (Toppiano's Grocery); 2 lbs. of raspberry jam, 1 lb. of Red and White Coffee, 1 lb. of Red and White tea (Red and White Store); 20 lbs. of sugar (East End Grocery); 1 Tea towel and wash cloth, (Salus' General Store); 1 lb. of coffee, 2 tins of Spork (Zak's Grocery); 2 cans of mixed vegetables (Holyk's Grocery); 6 cans of milk (Lonsbury's Grocery); 2 packages 60's of Tea Bags (Park's Grocery); 1 ornament (Pattinson's Hardware); 1 double boiler (Coleman Hardware); 1 dozen chocolate bars (Jimmes' Coffee Shop); 5 gallons of gasoline (Motordrome); 1 day-cleaning job worth \$4.00 (Coleman Cleaners); 1 meal (Grand Union Hotel); 2 pair of nylons (Fashion Shop); 1 outside rear mirror (Pet's Service Station); 1 grease job (Sentinel Motors); 1 hair cut (Huffman's Barber Shop); 2 towel sets (Freeman's Ltd.); 1 set of horse head book ends (Chalmers' Jewelry Shop); 1 hair cut (Pet's Barber Shop); 3 boxes of chocolates (Coleman Cafe); 1 shirt (Abousaff's); 1 set of two towels (Kwansey's Ladies Wear Store); 1 pair of ladies' shoes (Bruno's Shoe Store); labor portion of a spring tune-up (Harold Jones); 1 load of coal (Coleman Collieries); 6 lb. of wieners (Union Packing Co.); \$3.00 value (National Fruit); 1 case of coco cola (Coco Cola Co., Lethbridge); 1 case of mixed pop (Lethbridge Breweries); and two loaves of bread per day for one week (Palace Bakeries).

Now is it or isn't it a shower? Who knows there may be more to follow.

Through the support of the citizens of Coleman, the Lions Club has been able to give the town a real Children's Playground. The next immediate objective of the club is to sponsor a sight conservation program. How many children need sight correction, but because of circumstances they have never had glasses? The playground was a worthwhile effort, but nothing is more necessary for a full life than normal vision. Your help in making our April shower a success will enable the Lions' Club to include a sight conservation program among their various activities.

Coleman businessmen, we thank you for your interest in the youth of our town, we thank you for your very effective assistance in our newest venture.

Willow Drive Community Association

Willow Drive Community Association general meeting was held at the home of Mr. A. Hammer on March 11th, with A. Julain, president, and Wm. Hammer, recording secretary, present. The finance report was accepted as read. The election of officers for the following year was the main thing on the Agenda with the following officers elected: A. Julain, president; M. Julain, vice-president; Wm. Hammer, secretary-treasurer; Frank Krieh and Ken Snowdon, Executive committee; Mrs. Polly Snowdon, Mr. N. Hammer and Mr. R. Payne, Social committee.

Ladies of the Royal Purple Entertain at Birthday Party

The ladies of the Royal Purple celebrated their 14th Birthday on Saturday evening in the Elks hall, Coleman, when they entertained Brother Elks, their wives and sweethearts, the hall being gaily decorated in the St. Patrick motif.

The evening opened with a few games of Bingo, after which the ladies staged a most enjoyable program. Mrs. Retta D'Amico, acting as Master of Ceremonies, kept the crowd in a most joyful mood.

First on the program was the Gay Ninety Chorus with Mesdames E. Kostelnick, N. Panek, V. Fontana, E. Petsik, A. Jones and D. Wavrecan gaily attired in costumes fitting that date.

The Can Can Dance was then very ably carried out by Mesdames M. Zak, I. Caroe, R. Moore and J. Omelusik.

A Ballroom contest was then held, winners being Mrs. I. Lepacek and Mr. G. Poulton. A Skit by 16 of the ladies entitled "A Visit of Inspection" brought down the house with roars of laughter and applause, the main theme of this being a Liars Contest in which the man praising his wife most highly from all angles won the contest.

During the evening several Irish songs were sung by Mrs. E. Kostelnick, Mrs. A. Stonehouse and Mr. A. Wilson, all being well received.

Mr. Steve Wavrecan then rode in mounted on a wooden bucking broncho and stopped long enough to give a few interesting numbers of ranch land songs and after politely tipping his stetson hat he rode away again as quickly as he came.

A barber shop quartet, featuring Mesdames A. Stonehouse, A. Vasek, E. Kostelnick and D. Wavrecan was loudly applauded.

Presiding at the piano during the evening were Mrs. G. Goulding, Mrs. D. McGregor and Mr. Bert. Bond.

Another feature of the evening was the Spot dance which was won by Mr. and Mrs. G. Poulton.

A delicious hot supper of Spaghetti with all the trimmings was then served by the ladies, convened by Mrs. C. Haluka and Mrs. F. Bartoletti. A birthday cake was then cut and served by Mrs. Mildred Zak and all joined in singing Happy Birthday.

Mr. G. Omelusik, Exalted Ruler of the Elks, expressed thanks for all those present to the Ladies of the Royal Purple for a most enjoyable evening.

The floor was then cleared and dancing was enjoyed by young and old for the balance of the evening.

Elks Club Install Ventilating Fan

The Elks Club recently purchased an electric ventilating fan, which the yhope to install before Bingo night Friday. This will help a lot towards eliminating the smoke that gathers in the hall when enthusiastic Bingo fans get together. This will also do much during the summer months to keep the hall cool for various functions that are held here.

With the installing of this fan the Elks now have one of the most comfortable as well as the most up-to-date hall in Coleman.

TCA's 10,000,000th



MASTER TEN MILLION: Four-year-old Michael Roder of Vancouver recently became the 10,000,000th passenger to be carried by Trans-Canada Air Lines since the company began operations 18 years ago. He is seen here "holding-up" pretty Jackie Harper, a TCA passenger agent at Vancouver airport. Michael, his parents Flying Officer and Mrs. Fred Roder and year-old sister Carol, flew from Vancouver to London and Zurich to visit relatives. Young Michael was presented with a cowboy suit that was added to at each major station.

Legion Hold A Very Successful Bingo

Another successful prize bingo was held in the Canadian Legion Clubrooms on Friday last, which a capacity crowd attended. The jackpot of \$40.00 was won by Mrs. J. Clark, good luck Mary. Other prize winners for the evening were: 1. Five silver dollars; Dave Pow. 2. Ham, 2 cans of meat, 1 can of salmon; Mrs. Jean Fields. 3. Twelve pkgs. of cigarettes; Walter Poxton. 4. Six pairs of nylons split between Mr. R. Parry and Nick Cytko. 5. Fifty pounds of sugar split between Mrs. E. Korman and Mr. Zur. 6. Ten dollars cash; Mr. Marcell Cairney, Bellevue. 7. One slab of bacon; Mrs. H. Abeli, Pincher Creek. 8. Four pairs of men's socks; Mrs. Squark, Hillcrest. 9. Grocery Hamper, Mr. John Hopkins Jr.

Thanks to the members, Ladies Auxilliary and guests who attended the Bingo. See you on Thursday, March 29th. Legion Sports Committee

Pensioners Branch Set Up at Meeting In Bellevue

A new branch of the Old Age Pensioners Association was formed in Bellevue when over 20 interested residents attended a meeting held in the Legion Library rooms. Former attempts had been made to form such a branch but poor attendance at meetings prohibited this. John McDonald of Hillcrest and Tom Price, Sr. of Bellevue were instrumental in the formation of all Pas branches.

The slate of officers appointed to head the Bellevue group follows: President, Tom Price, Sr.; first vice-president, Tom Allison; second vice-president, A. Kenyon and secretary-treasurer, Mrs. A. Kenyon. To date no executive has been formed but it is anticipated one will be appointed in the near future. It was agreed that a suitable meeting night for the newly formed branch would be the first Monday of every month.

So far branches of the Old Age Pensioners Association have been formed at Coleman, Blairmore, Bellevue and one will be formed in Hillcrest in the immediate future.

One of the main objectives of the association is to establish an old folks home in one of the Crow's Nest Pass towns. Several suitable locations for an establishment of this type are available in Blairmore and the matter has already been presented to the town council here.

Representation from each of the Pas branches will attend the Old Age Pensioners Association meeting of branch presidents and secretaries to be held in Lethbridge.

Panel Discusses Juv. Delinquency; Executive Elected

The Men's Club of St. Paul's United Church in Coleman met Friday night in the club room of the church.

The report on the hockey game disclosed that the gate receipts, plus some outside donations, amounted to about \$80. This will be divided between the Dunford-Bereford funds.

Officers elected were: President, Mel Dunford; vice-president, Ed Leduc; secretary, Stu Murdoch; treasurer, Arnie Halderson; membership convenor, John Owen.

A panel composed of Chief of Police Corson, Mayor Abousaff, Vice-Principal John MacDonald, and Stu Murdoch, then presented a very able and interesting discussion on juvenile delinquency, dealing with many of the various difficulties involved in the problem. The meeting closed with a lunch of sandwiches, cake and coffee.

The regular day for the club's meetings was not decided on, but it was decided to hold the next meeting on Monday, April 2 at 8:00 p.m.

Quick Thinking Local Resident Avoids Disaster

A freak accident which might have proved disastrous was recently avoided by the level headedness and quick action of Mrs. F. Lonsbury.

Apparently while reading in bed Mrs. Lonsbury made a lamp shade of tin foil. Somehow a short circuit occurred and sparks were seen coming from the bed. Mrs. Lonsbury discovered a few minutes later that her bedspread was on fire and several articles on the bed were ablaze.

She immediately managed to roll these into a bundle and deposited them in the bath tub, where she extinguished them. She then phoned her son Bill, who rushed to her aid, but found she had managed to put everything in order. Mrs. Lonsbury stated that luckily she carried insurance and an adjustment was made by insurance agent Mr. R. Pattinson.

This feat of Mrs. Lonsbury's is exceptional as she is 84 years of age and recently injured herself in a fall.

Local Residents View Celestial Phenomena

The Moon and Venus teamed up Thursday evening to present an unusual celestial phenomena seen all over Alberta.

A few Coleman star gazers saw the exceptionally bright star suspended in the crest of the moon.

This beautiful and rare sight could be viewed west of Coleman directly over the Greek Orthodox Church.

Pythian Sisters Install Officers In Calgary

Mrs. Peter Thompson of Innisfail was elected Grand Chief of the Pythian Sisters at the 26th session of the Alberta-Saskatchewan Grand Temple Pythian Sisters which held a three-day meeting in Calgary, concluding Tuesday. Meetings were held in the Elks hall.

Installation of officers was done by acting supreme chief Mrs. Steve Penny of Coleman. Other members of the executive are:

Grand senior, Mrs. Len Johnson of Calgary; grand junior, Mrs. William Grant, Calgary; grand manager, Mrs. Lloyd Moser, De Winton; grand secretary, Miss Catriona Dunlop, Medicine Hat; grand treasurer, Mrs. James Dowdell, Lethbridge; grand protector, Mrs. Duncan McLeay, Saskatoon; guard, Mrs. John J. MacDonald, Moose Jaw; pianist, Mrs. Gwilym Powell, Drumheller; press correspondent, Mrs. Wilbur Reeves, Jasper Place; one-year trustee, Mrs. James Freeman, Edmonton; two-year trustee, Mrs. William Kosma, Coleman; three-year trustee, Mrs. Ivy Edward, Regina.

Assisting in the installation were Supreme Senior Mrs. J. Weldon Douglas of Medicine Hat; Acting Supreme Manager Miss Jean Biecum of Jasper Place, and Mrs. Betty Smith of Coaldale, past grand chief.

Job's Daughters To Hold Session

The Grand Council of Alberta International Order of Job's Daughters, will be holding their second annual session at the Turtle Mountain Hotel on April 3rd and 4th. Delegates and members from the 11 Belthels of Alberta, Idaho, Washington and Montana will attend. Also other Canadian provinces.

Those present will be Mrs. L. Leyda of Spokane, Washington, Past Supreme Guardian; Mrs. Florence Melgarde of Boise, Idaho, Past Supreme Guardian of the Supreme Guardian Council; and Mrs. Nina MacDonald, vice-grand guardian of Bayview, Idaho. The above mentioned ladies will be among the distinguished guest speakers.

Tuesday evening will feature the informal opening with the presentation of Grand Officers and escorts, bible and flag ceremonies, address by distinguished persons, drill display and various other items. This event is open to anyone wishing to attend. A silver collection is taken.

Wednesday morning the formal opening for the members and delegates will take place — with the day being taken up with the business of the past year and planning for the year ahead. Weather permitting, a sight seeing trip to the West Canadian Collieries Strip and through the Pass are tentative arrangements; luncheon and dinner arranged for the delegates.

The evening will see the closing ceremonies, the installing of officers for the coming year with addenda's. A dance will bring the evening to a close.

Arrangements for this session are in the hands of the Bethel No. 4 Hillcrest and its various committees, with Mrs. Helen Radford, Grand Guardian of Alberta in charge.

Children's Carnival Slated For April At Blairmore

Blairmore Home and School Association held its regular monthly meeting in the main school when a large attendance of parents were on hand. The teaching staff of the school was present and after a discussion with the parents, all teachers retired to their respective rooms, which were visited by the parents.

During the meeting it was decided to hold the annual Children's Carnival in the arena during the middle of April. The carnival sponsored by both the Home and School Association and Blairmore Community Sports Association, provides an evening of races, games, a costume parade and free treats for all Blairmore children.

Retired Coleman Miner Honored

Well over 75 guests gathered in the Ukrainian hall in Coleman Saturday night to honor Joe Polski of Coleman, on the occasion of his 70th birthday.

Following a supper during which the guest was paid tribute by several speakers, Mr. Polski was presented with a lovely hand-knit jumbo sweater, the gift of his many friends. The presentation was made by Dan Lemacha, of Bellevue.

Mr. Polski came to Canada in the early 1900's settling in the Winnipeg area where he worked on farms and in the mines for a number of years before coming west to the Trail and Kimberley areas where he worked in the mines.

He came to Coleman in 1921 and worked at the McGillivray mine where he remained until nine years ago when he retired. He is a member of the Coleman local of the UMW and of the United Canadian Ukrainians Association. He has one son Nick and four grandchildren, all of Coleman.

Local Boys At University Receive Awards

Outstanding University of Alberta athletes and teams were awarded trophies and letters at the annual color night banquet held in the McLeod Hotel which officially ended the 1955-56 University Athletic season.

Black "A" sweaters were awarded Adam Kryczka and Joe Kryczka who are attending the University from Coleman.

They also received W.C.I.A.U. crests for the part they played on the hockey team at the University. Another brother Ted, a school teacher here, is a member of the Coleman Grands hockey team.

C.N.P. Bowling News

Standing at finish of first half

Draw	team	wins	losses
1	Burnis	2	19
2	Slims Tire Shop	11	10
3	Parks	17	4
4	Coleman Hotel	14	7
5	Zeros (Coleman)	8	13
6	Bank of Commerce	13	8
7	Dynamo's (Bellevue)	10	11
8	Grand Union (Cole)	9	12

HIGH SCORE:
1st, Harry Harris (G.U.H.) 310;
2nd, Tom Lamont (Dynamo's) 302
HIGH AVERAGE:
1st, Brian Parks, 195; 2nd, Tom Lamont, 175.

The Skater's Waltz

If you've a sheet of ice in the backyard for the neighborhood kiddies to use as a rink ... here's a suggestion. Next week-end, tune your portable radio in to some of the fine music that's flooding the air waves these days. Then set the "portable" up by the side of the rink. The children love it ... and the music seems to help their skating, too!

Statistics are interesting things. Bill was reading an antiques report the other day which proved conclusively that 50 per cent of all married couples in Canada today are women.

The Ladies Auxiliary of the
Coleman Legion
will hold their 21st

BIRTHDAY PARTY

in the
ELKS HALL, COLEMAN
on

Sat., March 24

at 6:30 p.m. sharp

Admission: \$1.00 per Plate

Auxiliary members, Legion members, wives and sweethearts, are cordially invited

Mrs. H. Maslen, President



World Happenings In Pictures

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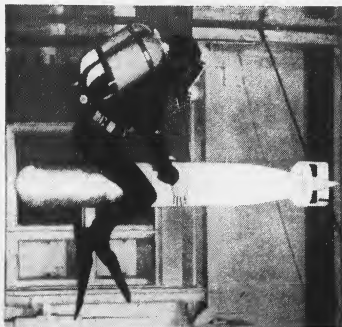
"WHAT'LL I DO WITH HIM?"—Human children aren't the only ones who make a monkey out of mama. Mother chimp at the London, England, zoo has been going round-and-round with baby. And sleepy-time is still hours away.



JOHN KEITH MacDONALD, 43, right, one of Canada's most wanted men, is taken into custody by RCMP constable. He's a suspect in B.C. post office theft.



LISTEN TO THE PAINTINGS—"Shape, line and color can be listened to," So says Mrs. Ann Mittleman, shown with two of her creations. She should know. That's how the 58-year-old New York City artist receives her inspiration. She listens to a symphony or other composition, then plugs her ears to shut out unwanted distractions. Wielding her brush instead of a baton, she then "composes" on canvas, translating sound into color and line.



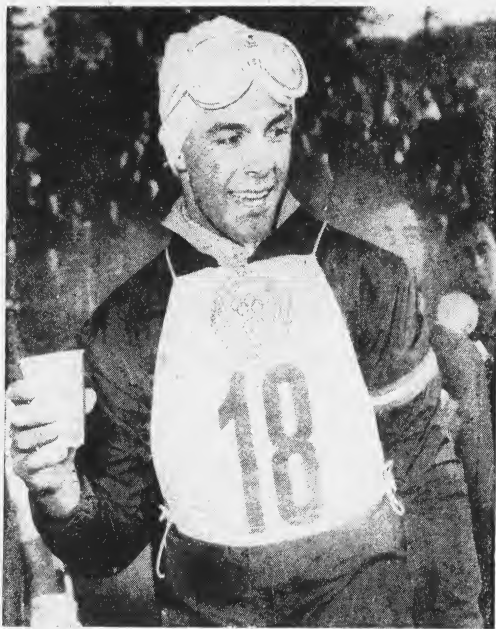
SUBMARINE BRONC BUSTER—British frogman rides a wicked-looking mount in the hydro-dynamic laboratory at Teddington, England. Torpedo, deactivated, is mounted for testing in a tank filled with specially filtered water which allows maximum visibility from observation ports in background. Nearness of windows is an optical illusion. They're nearly 100 feet away, on opposite side of the tank from the camera.



HIS FEET ARE WARM—His cars are cold, but 33 floors straight up on the RCA building in New York City is no place to get cold feet. This goose-pimples picture of window washer Pete Lorge at work shows Rockefeller Center's skating rink in the dizzying background.



CALIFORNIA'S DELIGHT—That's the expression to describe the glow of delight experienced by southern California chamber of commerce members when viewing this picture. It shows a woman wearing a warm, quilted suit as she views exhibits at a deep-sea aquarium -- in usually balmy Miami, Fla., during a recent cold snap.



MAKES OLYMPIC SKI HISTORY—Toni Sailer, Austria's ski star, is seen after winning his third gold medal in the winter Olympics at Cortina. This is the first time any skier has tripled in the Alpine events at the Games. Toni won the downhill run to add to his triumphs in the special slalom and the giant slalom.



LIKE CASE IS MAKING HEADLINES—Carolyn Sue Wharton kidnapped from her hospital crib in Beaumont, Texas, last March, when she was only 29 minutes old, holds a newspaper telling of the selection of a jury for the trial of Mrs. Pauline Schutze of Houston, charged with the crime. Carolyn was recovered unharmed the day after she was abducted.



JAZZ ARTIST—Romano Mussolini, 28-year-old son of the late dictator, rehearses at piano in preparation for San Remo, Italy, international jazz festival. He will play in a sextet. Il Duce's youngest son started with music while in a concentration camp after his father's regime collapsed.



VALUABLE UNCUT GEM—What could be the world's most valuable uncut gem, a raw 426-carat diamond, arrived at the shop of its new owner in New York after a long roundabout trip. The diamond, which arrived from London by air mail, was carried to the offices of Harry Winston Inc. at 7 E. 51st St. on the RZ subway from Varick St. in a plain brown-paper bag. The stone, still unnamed, was in the Premier Mines, Pretoria, South Africa, on May 24, 1954. It was purchased by Harry Winston, who made a special trip to London to inspect it. Mr. Winston said it ranks with such great diamonds as the Jonker and Cullinan stones, because of its quality.

OUR COMPLETE SHORT STORY—

a rough mount

By ELEANOR DEVINE

EVERYONE felt sorry for airman Davey Cox when he came home from the war. He limped badly and his hair was grey. It didn't help any to have the whole county know that while he was in the hospital his girl had married a cattle broker, John Jenks, the ranch manager and a bit of a gossip, kept saying that Davey seemed sorry he'd survived the crack-up that killed his buddies.

Sitting in the patio, waiting for moonrise several evenings after Davey's return, some of the L-M Bar customers were telling the new dudes about him. "Won't even try to sit a horse," Jenks said. "And he used to be top hand at rodeos," chimed in Janey, his wife. "The pilot is supposed to be last to bail out," cut in one of the dudes.

"And how do you know he wasn't?" Davey, young owner of the L-M Bar spoke crisply. "All the men jumped, Davey was the only one to survive 10 days at sea."

There was a pause. No one knew how much later a hesitant voice said, "Howdy, folks." It was Davey.

As Clare gripped his hand in her small, hard paw, she thought her old "the boy next door" seemed. One of the new girls offered Davey her chair and there was an embarrassed, pitying silence as he quietly accepted.

Davey Cox spent a lot of time at the L-M Bar that summer. Riding in from a day inspecting herds or entertaining dudes, Clare would find him sitting in the patio or on the veranda, talking with someone. Often, she caught him singing of self sorrow in his voice and her greeting would be gruff.

One hot, dry afternoon in August, the shaded veranda was crowded with weary, sunburned dudes, ranch hands and neighbors. What talk there was centered about fires reported in the forests above Witch Lake, 30 miles away. Suddenly Jenks rushed up, excitedly. "The rangers just broadcast for help. All men are drafted for fire duty. Saddle up and meet in town in half an hour. There'll be

Problems face carefree Eskimo

From being a carefree east-going Joe, the Eskimo of today is faced with a shortage of animals he hunts and traps, income tax, and all the things which civilized man has wished upon himself says the Sault Ste. Marie Star.

He gets family allowance, so must send his children to school where they learn how primitive their parents are. Parents, as they get older will be forced to leave their igloos and live in houses, to keep up with the Eskimo Joneses who maybe have modern ideas.

Before the coming of the white man to those frozen, unproductive wastelands, the Eskimo was happy in a fatalistic way. When there was food, he ate, and when the icy blizzards kept him buried he tightened his belt and chewed his seal-skin boots for sustenance.

He had only one worry then. Today he is probably making payment on a dozen modern articles he has learned to need. In failing for the white man's bait he has traded his iceberg for a bunch of ulcers.

More Comfort Wearing FALSE TEETH

Here is a pleasant way to overcome loose plates discomfort. FASTER, as improved powder, sprinkled on upper and lower plates holds them firmer so that they feel more comfortable. No gummy, sticky, pasty taste or feeling. It's alkaline (non-acid). Does not sour. Checks "plate odor" (denture breath). Get FAST-TEETH today at any drug counter.

ITCH STOPPED IN A JIFFY

Very first use of soothing, cooling liquid D.D.D. Prescription positively relieves raw red itch—caused by eczema, psoriasis, exfoliation, chafing—other skin troubles. Gelsolene, stainless. No trial bottle must satisfy or money back. Don't suffer. Ask your druggist for D.D.D. PRESCRIPTION.



MACDONALD'S
Fine Cut

Makes a better cigarette



"THANKS"—Foam-flecked nose is this Honduran lad's eloquent accent to a smile of enjoyment after a deep draft of his daily free milk ration. He's one of some 45,000 children who benefit from foods supplied by the United Nations Children's Fund. U.N. is working with the Honduran government to set up a country-wide child feeding program which is designed to supplement the traditional diet of tortillas and black beans.

The ones that got away

By WALT ABRAMS, ESTEVAN

Chairman Track and Field Committee A.A.U. of C (Sask. Branch)

"Canada has no Track and Field stars?" I don't believe it! The stars are here, but they "get away" or are not developed. Were these athletes in England, Russia—or hockey, the money, facilities and coaching would be gladly provided.

In my limited experience as a coach, I have handled eight potential Olympic contenders but none ever reached the trials.

One girl in a mid-west Saskatchewan town had everything. The provincial junior javelin record was around 68 feet in those days and she threw a homemade heavier javelin over 160 feet. She broad-jumped consistently over 15 feet and high jumped around five feet. I tried to persuade her to go to University where a brilliant track career awaited her. She didn't believe she was that good and I couldn't convince her.

Another outstanding Grade 6 girl stood 5'7", weighed 130 pounds, and had terrific leg power. Her times were: 75 yards (7.5), high jump (4'8") with a well executed vertical jump.

TRY AND STOP ME!

By BENNETT CREEP

A Wall Street trader who encountered an old classmate who had fallen on evil days, automatically reached into his wallet and handed the down-and-out a five dollar bill. "What's this?" sneered the ungrateful recipient. "Two years ago you met me and gave me 50 bucks. Last year you retrenched to 20. And now you hand me a measly five spot."

The trader, embarrassed, explained, "Two years ago I got married. Last year we had our first child. All those extra expenses and mouths to feed..."

"So that's it," roared the down-and-out. "Raising a family on my dough, eh?"

A very wise public relations counsel cautioned letter writers to delete the pronoun "I" as much as possible. "A weekend thank you note which opens 'I had a wonderful time,'" he points out, "is half so captivating as one beginning, 'You are a wonderful hostess.' Both say 'thank you,' but, ah, my friends, the second is the one that will get you asked back!"

The Indiana Bell Telephone Company reports that a little boy called information in quite a tizzy one afternoon and demanded the number of the local movie house. The operator said, "You will find that number listed in your telephone directory."

"I know," countered the little boy, "but I'm standing on it."

BE A COURTEOUS DRIVER

Atomic irradiation of spuds may give longer storage life

Tests now under way, which will extend over the next two years, may have an important effect upon the potato marketing industry. They have to do with the effect of irradiation by atomic energy upon the storage, appearance, taste and handling qualities states the St. John Telegraph-Journal.

Already 70,000 pounds of potatoes, 50,000 from the state of Maine and the remainder from Idaho, have been exposed to radiation in the U.S. Atomic Energy Commission's material testing reactor at Arco, Idaho.

What happens to them in the next two years will be closely watched by the potato industry of not only the United States but Canada and particularly in New Brunswick and Prince Edward Island.

If the tubers show, as it is expected, a longer life in storage and prove to be free from changes in appearance and taste, buyers will be eager to see the process put into commercial practice. In anticipation of that day, one manufacturer in the United States is developing a portable rig that can irradiate potatoes in the field.

The same company is also thinking of other products such as wheat and other grains, fresh fruits, vegetables and spices.

The Atomic Energy Commission has been experimenting with food irradiation for the last five years, chiefly laboratory tests of sterilization by radiation.

Such tests have proved that irradiated foods can be eaten with no toxic effects. Shelf life is also extended—in the case of potatoes from a few months to well over a year. However sterilization requires large dosages of radiation which result in chemical changes in many foods with consequent changes in taste and appearance.

Two major questions are involved in the potato experiment. First the results to be gained from irradiation of low intensity. The second is the effect of such treatment on handling. That is will the potatoes bruise more easily after irradiation in the handling, packaging and storage processes?

Evidence to date is that they will stand better, but this has come from the laboratory experiments alone.

Human stomach cause of U.S. farm problem

A University of Michigan economist said the United States will always have a "farm problem" because the human stomach is the ultimate farm market.

"Almost every other community has an expandable market—as prosperity advances you can buy several cars, homes, television sets, washing machines, toasters, etc.," said Prof. J. Philip Wernette of the school of business administration.

"But the farmer's ultimate market, the human stomach, just can't absorb all that increasing farm productivity is making possible."

BE A COURTEOUS DRIVER

"Corn Starch Makes Smoother Pie Fillings!"

CHERRY PIE

- 2½ tablespoons BENSON'S or CANADA Corn Starch
- ½ cup granulated sugar
- ½ teaspoon salt
- ¾ cup juice, drained from cherries
- 3 cups canned cherries, drained
- 1 teaspoon lemon juice
- 1 recipe pastry
- 2 tablespoons butter

COMBINE BENSON'S or CANADA Corn Starch, sugar, salt and cherry juice in saucepan.

PLACE over medium heat and cook, stirring constantly, until mixture thickens and boils.

ADD drained cherries and lemon juice; remove from heat.

PREPARE pastry; line 9-inch pie pan with ½ the pastry rolled ½ inch thick.

FILL with cherry mixture; dot with butter.

ROLL out remaining pastry; make several slits for steam to escape.

PLACE over cherries; seal well and flute edge.

PLACE pie in oven on lowest rack position.

BAKE in hot oven (450°F.) 10 minutes; reduce heat to moderate (350°F.) and bake 1 hour longer, until crust is brown.



Jane Ashley Says



For free folder of other delicious recipes, write to:

Jane Ashley,

Home Service Department,

THE CANADA STARCH COMPANY

LIMITED,

P.O. Box 129, Montreal, P.Q.

Personalities IN THE NEWS

Word was received this week of the death of Mrs. H. Barlass in Vancouver on Monday. Mrs. Barlass was a former resident of Bellevue.

A recital of the vocal and piano pupils of Mrs. Arline Hill, L.R.S.M., will be held in St. Paul's United Church on Monday, March 26th, at 8.00 p.m.

Two names were omitted in the W.M.S. report last week. Mrs. Jean Picard, Associate Helpers Secretary and Mrs. Francis Bond, Secretary for Temperance and Christian Citizenship.

Mr. J. Michalsky celebrated his 71st birthday on Friday with a family dinner at his home. We also join in wishing him many happy returns.

Mr. and Mrs. F. H. McKay of Blairmore, accompanied by Mrs. J. Derbyshire of Coleman, were Lethbridge visitors on Sunday.

Mr. and Mrs. R. Hill and son, Bryce and Mrs. E. G. Montalbeti of Coleman, also Mr. and Mrs. W. Moser of Hill crest and Mr. and Mrs. T. J. Costigan and two sons of Blairmore, attended the Jascha Heifetz Violin Recital held at the Corral in Calgary last Saturday.

Harold Maslen of Calgary visited his wife and family here over the week-end.

Mrs. H. LeVasseur was the lucky winner of a pop-up toaster on the Five Roses program Friday.

The Italian Ladies Society will hold a Mothers Day Tea in the Italian hall on Saturday, May 12.

Mrs. W. Raymond, Mrs. M. Henri of Vancouver, and Ben Harrison of Calgary, were in Coleman to attend the funeral of their father, Mr. W. Harrison.

Mr. and Mrs. Doug McWilliams of Bragg Creek, have visited at the home of Andrew Buckna, sr., for the past week. They also renewed acquaintances with friends and relatives through the Pass.

Mr. and Mrs. J. Malanchuk of Pincher Creek, formerly of Coleman, visited friends here over the week-end.

Mr. and Mrs. Ronald McCartney are the proud parents of a son born Friday, March 9.

Mrs. N. Gouling and Mrs. E. Kostelnik were visitors in Lethbridge where they attended meeting of the Old Age Pensioners Association.

Mr. Dave MacDonald of Prince George, B. C., is visiting his wife and family, and also his mother, Mrs. G. MacDonald.

Mr. and Mrs. J. Plante received word that their son William, working for the Tompison Construction Company at Red Deer, has been named as delegate for the company, to visit Eastern Canada. From here he will travel south into the United States as far as St. Paul and Minneapolis.

Mrs. J. Dick was an Edmonton visitor last week, the guest of her son-in-law and daughter, Mr. and Mrs. F. Gerhency. Friends will be glad to hear Mrs. Gerhency is feeling much better.

Mrs. J. Moffatt and two children of Fernie, B. C., visited here with her brother-in-law and sister, Mr. and Mrs. R. Pattinson.

J. Bubniak on staff of Red and White store here, was a Calgary visitor over the week-end.

Mr. and Mrs. E. Hewitt and Mrs. Pearl Douglas of the North Fork district visited here at the homes of Mr. and Mrs. J. Owen and Mrs. Hewitt's parents, Mr. and Mrs. M. Robinson.

Friends of Joseph Petsuk will be sorry to hear he is in ill health. They all wish him a very speedy recovery.

We are pleased to see Mr. and Mrs. Harry Bowman and two sons have returned to take up residence in Coleman after having been in Calgary for the past year.

Mr. and Mrs. T. Holstead called on Mr. and Mrs. H. T. Halliwell of Fort McLeod last week. Mr. Halliwell former editor of the Coleman Journal is enjoying the best of health and wished to be remembered to all his friends in Coleman. Mr. and Mrs. Halliwell have recently installed a lovely T.V. set which is very enjoyable and entertaining.

Mr. and Mrs. W. Shields of Fernie visited here with the latter's parents Mr. and Mrs. H. Gate last week-end.

Card of Thanks

I would like to thank all those who attended my shower, and those who sent gifts or donations but were unable to attend. Also special thanks to the hostesses.

Miss Josie Berlin.

Letter to the Editor

Feb. 29, 1956

The Editor,
Coleman Journal,
Coleman, Alberta.

Dear Sir:

We know that you will be pleased to learn that the Christmas Seal Sale has again been brought to a successful conclusion. This is due, of course, to the more than 100,000 Albertans who contributed through the purchase of the Christmas Seals. Nevertheless our objective could not have been achieved without sincere interest

and endeavor on the part of many people. On behalf of the directors and all committees of the Alberta Tuberculosis Association, I wish to express our thanks to the Coleman Journal for the valuable publicity received, again demonstrating the genuine interest continually displayed by the Journal in matters of public welfare.

The generous endorsement we receive from the public fortifies our determination to press on, in co-operation with the Department of Health in our campaign to eradicate tuberculosis by every means at our command, as well as relieving, insofar as possible, some of the distress and hardship incidental to the disease.

Progress is being made but this very fact may lead to a degree of complacency on the part of the the circumstances and dangerous in its implications. There are still people, which is unwarranted by many areas in the province where tuberculosis is a serious health problem. These are receiving concentrated attention but as long as they exist, there can be no relaxation in efforts to bring about a maximum measure of control. We look forward to a year of progress toward our common objective.

With all good wishes, I am,
Yours sincerely,
A. H. BRANCH,
President, Alberta
Tuberculosis Assn.

Levach, Ont.,
March 5, 1956.

Dear Sir:

Enclosed please find money order for \$3 for subscription to the Coleman Journal for which we look forward to each week. Please give our regards to all.

I remain,

Yours truly,
Mrs. Angelina McNeill.
Box 423,
Levach, Ont.



Attend Church

ST. PAUL'S United Church

COLEMAN —
Rev. R. MacAulay, Minister
Sunday, March 25th
10 a.m.— Church Service.
11.15 a.m.— Sunday School.
7.00 p.m.— Church Service.
2nd Monday of month:
7.30 — Good Will W.A.
Tuesday: 7.15 C.G.I.T.
Wednesday: 3.30 — Mission Band; 7.30 — Senior Choir Practice.

Thursday: 7.00 — Junior Choir practice.
First Thursday of month:
7.30 Senior Ladies group.
Second Thursday of month:
7.30 — Women's Missionary Society.
Friday: 3.00 — Explorers; 6.00 — Tyros.

St. Alban's Church

— COLEMAN —
Rev. F. A. Dykes B. A. Lth.
Rector
Sunday, March 25th
11.00 a.m.— Palm Sunday,
Family Service.
Thursday, March 29
4.00 p.m.— Junior Auxiliary
4.00 p.m.— Confirmation Class
Saturday, March 31
4.15 p.m.— Choir Practise

Classified Ads

FOR SALE

About 50 tons of Brome-Alfalfa Hay, also about 1000 bushels of feed oats. Phone 615, Cowley, Alberta.
S. Faminow 3tp

HOUSE FOR SALE — 6 roomed Stuccoed House on 4th Street, Coleman, 3 bedrooms living room, kitchen, bathroom, basement and furnace. Phone 3835, O. Fry.

Husbands! Wives! Weak, Run-down, Old?

Thousands of couples are weak, tired, lack energy and pep; they feel run-down, old because bodies lack iron at 40, 50, 60. Try Otrac Tonic Tablets today. Supplies invigorate you, too, may need to revitalize, stimulate, energize and build-up entire body. Feel your younger. "Get acquainted" are cost little. Or start with big, popular "Economy" size and save 75¢. At all druggists.

BUILDING CONTRACTORS

Builders'
Headquarters
Celli's Building
Supplies

LOW RAIL FARES to SPRING STOCK SHOW EDMONTON

MARCH 26 to APRIL 3

ONE WAY FARE
AND ONE HALF
FOR RETURN TRIP

From all stations in Alberta
(Minimum Fare 30c)

TICKETS ON SALE:
MARCH 24 to APRIL 3
Providing passengers arrive
in Edmonton not later than
5.00 p.m., April 3rd.

RETURN LIMIT APRIL 4
If no train service April 4
take first available train.
Full particulars from any Agent

Canadian Pacific
WORLD'S GREATEST TRAVEL SYSTEM

- O-K -

RUBBER STAMPS
PROMPT SERVICE

CELLI'S RE-OPENING SALE

Friday, Saturday, Monday, March 23-24-25

This is your chance to do that Spring Job Cheap

Genuine Armstrong's Wall Covering

Six Beautiful Colors

Per Lineal ft. 35c

About \$12.00 will do an average Kitchen

Above Stock is all New

ARMSTRONG'S INLAID LINOLEUM

Per Lineal ft. \$1.50

ARMSTRONG'S FLOOR COVERINGS

Per Lineal ft. 70c

Above Stock is all New

We still have a good stock of Metal Mouldings, Small Hardware, Sash, etc. from our recent Fire Sale, all going at

HALF PRICE

10 per cent. Discount on all Paints, Varnishes and Brushes

Celli's Building & Supplies

Telephone 3731
Main Street Coleman

Questions Concerning Unemployment Ins. or Employment

In this column we publish questions about unemployment insurance and employment, together with answers received from the Unemployment Insurance Commission.

Following are some questions with answers which may be of interest to you.

Q. I am a woman and have been working for over ten years.

I have never drawn unemployment insurance benefit. Now I am married and will have to stop work definitely soon. Am I entitled to benefit for a certain time, or have I paid all these years for nothing?

A. Unemployment insurance benefit is only paid to a person who is ready, able and willing to work. It appears you are withdrawing from the labor market and therefore would not be able to fulfill these conditions in which case benefit cannot be paid to you. You have not, however, been paying all these years "for nothing". Had you become unemployed

during these years benefit would have been paid. Unemployment insurance is like fire insurance in this respect. Fire insurance premiums are paid year after year and if no loss occurs no compensation is payable and no return of premiums is, or can be, made.

Q. If a person receives \$200 in insurance benefit is it taxable?

A. No. Unemployment insurance benefit received is not taxable.

Q. For many years I worked in Montreal and paid into the unemployment insurance fund. I never drew a cent. Now I am back on the farm. I am wondering if I must lose the money I contributed or if I can get it back. I think my old insurance books are in Montreal, but I have the last one.

A.—The money you paid in is not lost. Should you become unemployed within two years of the date of your going on the farm, credit will be given (should you make a claim) for part of the contributions you have paid.

Q. I have just been married, but previous to my marriage I worked for three years. I suppose I will lose my right to benefit if I do not work. As I am able to work I applied for a job in a factory but, on account of the few wages offered, I left after one month. I cannot find any suitable employment. Can I file a benefit claim?

A. You may file a claim. If you are a woman who has been married within the two years before filing your claim you will not be entitled to benefit unless you are able to meet the conditions imposed by the Married Women Regulations. There may also be some question of your having left your employment voluntarily without just cause. If you make a claim, give full particulars so that a proper decision may be made.

Q. Some little time ago I was told to have an X-ray made of my lungs. The report was that I had a spot on one of my lungs, but I was ordered to undergo other X-ray examinations. I was in the hospital for some time and finally it was found that I had no spot on my lungs. During the time I was in the hospital I was unable to draw benefit. With a medical certificate would I be able to draw the benefits I was unable to receive during my stay in the hospital? As a matter of fact I was not sick at all, since a mistake had been made.

A. Benefit is paid during illness only if the person concerned was already receiving benefit when the illness began and if he did not lose his employment, or cease to work, because of illness.

To be eligible for benefit outside of the circumstances recited above, a claimant must be available for work. You would have been unable to fulfill this condition for the period of your stay in hospital.

Q. I am a student and I work during the summer holidays. Must I pay contributions during such employment?

A. Yes. If you work in insurable employment contributions must be paid.

Q. I was working for two employers and earning a total of \$50 a week. I lost one of these jobs. The second employer is paying me only \$20 a week. Am I entitled to draw benefit because of having lost one of these jobs?

A. You would be entitled to benefit because you are, presumably, working less than your full normal week. A claimant, whilst on benefit, is allowed to earn a certain amount each week, such amount depending upon the rate of benefit. Any earnings in excess of the amount permitted are deducted from the weekly rate of benefit.

Q.—Should an employer return insurance books directly to the unemployment insurance office or give them back to his employees at the end of their employment with him?

A.—An employer must give an employee his insurance book when the employee leaves. If for good reason this cannot be done, then the employer is obliged to send the book to the local office.

OBITUARY

FRED J. GLOVER

Fred J. Glover, 60, of 207 - 26 Avenue S. E. died at his residence Tuesday. Born at Harwich, England, he came to Bellevue, Alberta, in 1927, where he was employed as a miner until coming to Calgary three years ago.

He served in the First World War.

Surviving are his wife, Grace, of Calgary; a brother, Bruce, of Bellevue; and a brother and sister in England.

Services were conducted from Leyden's Funeral Chapel Thursday at 1:30 p.m. Interment fol-

lowed in the Field of Honor, Burnside Cemetery.

HENRY CAMPBELL

Henry Campbell, 77, of 2208 Macleod Trail died at his residence Monday after a lengthy illness.

Born at Kikintillock, Scotland, he came to Bellevue, Alta. in 1910 where he was employed as a fire-boss until moving to Erickson, B.C. in 1932 where he operated a fruit farm. He retired to Calgary in 1949.

Mr. Campbell was a veteran of the Boer War, and a member of the Seventh Day Adventist Church, Calgary.

Surviving are his wife, Margaret, Calgary; one daughter, Mrs. Russell Vincent, Calgary, formerly of Coleman; four grandchildren.

Funeral services were conducted by Judson P. Habenicht from Jacques Funeral Home Wednesday at 1:30 p.m. The remains forwarded to Creston, B.C. for further services and interment Thursday.

Coleman High School Presents Annual "Night of Plays"

The outlook towards the Coleman High School's presentation of "Night of Plays," both Thursday and Friday evening this week, is very satisfactory with excellent entertainment going to be provided. The High School pupils have been practising steady these last few months to present the following plays to you: "The Mist," directed by Joan Rinaldi and Jo-Ann Montalbet; "Knives from Syria," directed by Faye Tibergien, Joan Hirst and Pat Kilgannon; lastly, "Drop Dead," directed by Walt Tymchyna, Virginia Peknik and Joy Raymond. Your attendance at the concert will be highly appreciated and believe us, you won't be sorry you came. So come and enjoy an evening of suspense, melodrama and laughter.

Rudy's Taxi

We wish to announce that we are now in the Taxi Business and will operate from our stand in front of Rudy's Shoe Store, Coleman.

Phone 3794

Up Until Midnight

Rudy Yeliga

HAM BINGO

IN THE

Elks' Hall, Coleman

ON

Fri., March 23

AT 8 p.m. SHARP

Admission: \$1.00 for 12 Games

BONUS CARDS 25c

\$90 Jackpot to go in 58 Numbers

Also \$25 Cash Prize and 10 Good Prizes

Come and get credit for Season's Attendance Jackpot. Bring your Credit Cards with you

New Easter Togs For The Whole Family



You will find new beautiful Coats and Dresses, New Spring Hats and everything to go with them. Select your New Outfit Now. A small deposit will hold it for you.

Frank Aboussafy

Main Street, Coleman



This velvet flat finish washes like enamel! NEW

Mello-tone

FLAT WALL FINISH ODORLESS ALKYD

Enjoy the pleasure of odor-free painting with Lowe Brothers Mello-tone flat wall finish. Lovely new colors are unmarred by repeated washings. Mello-tone wears and washes like an enamel finish.



MODERN ELECTRIC

"Everything Electrical"

Hardware and Furniture Phone 3647, Coleman

"Dollars and Sense"

How can YOU benefit from having a Current Account?

You'll find it much easier to keep an accurate record of your current expenses when you have a Current Account.

When you pay all bills by cheque on your Current Account, you receive back, at the end of each month, all your cancelled cheques as well as a bank statement showing every withdrawal and every deposit you have made. The cancelled cheques serve as receipts—and are accepted in court as evidence of payment of the amount shown. Furthermore, they are much easier to file away than receipts and take less room to store. With them and your bank statements, you'll find it far easier to get an exact picture of how you spend your money.

So it's a good move to use a Current Account for paying all current bills—and keep your Savings Account for actual savings.

THE CANADIAN BANK OF COMMERCE
COLEMAN BRANCH J. R. HILL, Manager

Dial 3703 | **PARK'S** | Prompt Delivery

Sugar, 10 pounds - .97

Crisco, 3 lb. tins - \$1.19

Marmalade, Good Morning per jar .59

Poppy Seed, per pound - .49

Corn Flakes, Giant, 2 for .53

Margarine, Golden Dew 3 lbs. - .95

Green Beans, choice, 2 tins .35

Peas, Prairie Maid, 3 tins .35

Tomatoes, 20 oz., 2 tins .49

Campbell's Soups

Vegetable or Tomato, 4 tins - .59

Chicken, Noodle, Gumbo, Rice, 4 tins .79

Mushroom, Scotch Broth, 4 tins .79

Peaches, choice, 15 oz. 2 tins .49

Apricots Choice 15 oz., 2 tins .49

Plums, choice, 15 oz., 2 tins .39

Apple Filling Sunrype 2 tins .55

Aero Wax, qt. tin, each .75

Shinola Wax, tin - .45

Milk, 6 tins - - - .95

Corned Beef, per tin - .49

Foil Wrap, per roll - .35

Wax Paper Refills, 2 for .55

Woodbury Soap, 4 bars .33

Tide, Giant Size - - .75

Hot Cross Buns

FOR

Easter

Place Your Order Now

SEE YOUR LOCAL GROCER FOR ALL OUR PRODUCTS

Timmerman's Bellevue Bakery Products

A. Timmerman, Proprietor.

Phone 4643, Bellevue



RED CROSS

Reports to you who give



VOLUNTEER women workers of the Red Cross gather each day at the Workrooms in the Provincial Headquarters, Regina, to give their time and skill with needle and thread. They are only part of a large number scattered throughout Saskatchewan and Canada, who help to make over 300,000 articles each year as well as over three million surgical dressings.

Ever since the First World War, the busy fingers of thousands of women have made great quantities of much-needed emergency clothing. During the wars, it was knitted items that were in demand. Nowadays, it is clothing for dis-

placed and destitute children in other lands. Victims of wars, earthquakes and floods, there seems to always be a great need for basic necessities. Here at home, children and babies whose homes have been destroyed by fire often require of warm clothing and Red Cross will always stand ready to give wherever and whenever the need arises.

The contributions of Saskatchewan people provide these willing workers with the materials and in turn, the amount of clothing that can be made up depends on the kindness of each Red Cross supporter.

Greatest depths of the sea will be probed by newly designed camera

A camera designed to take the world's first photographs in the greatest depths of the sea has been successfully tested for the National Geographic Society. The inventor is Dr. Harold E. Edgerton of the Massachusetts Institute of Technology.

His new camera has withstood pressure of 15,000 pounds per square inch—more than the pressure of water at the greatest known ocean depth, the 35,640-foot Challenger Depth off Guam—Society president Dr. John Oliver La Gorce reported.

Trials at sea from the French oceanographic ship "Calypso" in the Mediterranean, Red Sea, and Indian Ocean are described in the current National Geographic Society "Calypso" Expeditions.

Dr. Edgerton first had to test a nylon line by which he hoped to lower his 100-pound camera and electronic lights. The braided cable, three miles long yet less than 1/4-inch thick, seemed only a thread.

14,000 Feet Is

With a chunk of pig iron simulating the camera, the line went down 14,000 feet from a small boat off Cape Messias, Greece, reached bottom without mishap. "Calypso" left the boat untended, using it as a radar target for survey work several miles away.

When a Greek fishing trawler spotted the seeming devilish boat and tried to haul it aboard, the scientists watched with glee through glasses as the fishermen found the boat anchored in 14,000 feet of water.

Later, Dr. Edgerton's camera went down 14,000 feet to take the deepest photographs yet obtained in the Mediterranean. In the black abyss three miles down,

it recorded shrimps, one small fish, and an old tin can.

So strong was the nylon line that once, when a towed dredge snagged on an obstruction 10,000 feet down, it stopped the 300-ton "Calypso" and dragged it back-

ward. "The success of the abyssal camera and the nylon line conjures up pictures," writes Captain Cousteau: "A ship—we trust it will be 'Calypso'—rides anchored by much larger nylon cables over the deepest place in the sea while another of those miraculous weightless lines lets down the camera to reveal to man the uttermost depths."

Remarkable photographs from the "Calypso's" Mediterranean and Indian Ocean cruise came some of the most remarkable undersea color photographs ever taken. They were made by National Geographic Society writer and photographer Luis Marden.

Free-diving with an aquanaut, hand-held submarine cameras and lights.

During his work Mr. Marden dived as deep as 217 feet, along the face of a coral reef off Assumption Island, a small wind-whipped dot in the Indian Ocean 240 miles from the northern tip of Madagascar.

In this submarine Eden of clear blue water, jungles of coral growed with color and flushed with life. A 60-pound grouper, as unlovely and ponderous as an ocean hippopotamus, decided the photographer was a fascinating visitor and for days followed him everywhere through the depths.

In four years of the "Calypso"

expeditions, Captain Cousteau has revolutionized undersea photography and research by the use of free-diving equipment. Television has been taken to the depths. Ancient ships have been discovered and excavated, their secrets probed. Still a mystery is the so-called "deep scattering layer," but it has been studied by expedition scientists and much has been learned about it.

New treatment for stuttering

A new twist in psychological therapy for stutterers which includes teaching patients how to stutter in a new way is being employed with success at the University of California at Los Angeles.

"This idea of fighting fire with fire is not a new one," said Dr. Joseph Sheehan. "But we believe we've uncovered a hitherto unrecognized key point that improves the technique."

In adult group studies, he reintroduced, subjects were asked to ape their own stuttering style while reading a passage. Many stuttered worse than ever while doing this.

But when men and women used a manner of stuttering completely new to them, such as the bouncy speech impediment of young stutterers or sliding into words, they improved at a fast clip in later readings.

"The average stutterer is caught in a vicious circle," said Dr. Sheehan. "The more he stutters, the more he seeks to avoid the words he stutters over."

"When a stutterer is forced to stutter in his old, unpleasant way, fear is likely to increase. But when he is given a new way of stuttering that is more pleasant, his fear of the stuttering act is reduced and he can speak more freely."

Crop values increased by weed control

Words cost farmers millions of dollars annually. H. E. Wood, chairman of the Manitoba Weed Commission, estimates that 20 percent of the total value of the major field crops is lost to weeds.

Not only do weeds reduce the moisture, soil fertility and sunshine that would otherwise be available to the intended plants, but they often seriously devalue the harvested crop and they add greatly to the cost of harvesting, tillage and transportation and processing.

The development of herbicides has brought to farmers an economical and efficient added method of weed control. The Dominion bureau of statistics shows that in 1955 just over \$10 million worth of weed chemicals were used in Western Canada.

Provincial departments of agriculture estimate that the value of crops was increased by \$56 million as a result of weed spraying. This means a return of \$56 for every \$10 spent and does not take into account lawns, parks and road allowances treated.

The Pattern Shop

HIPPY-KNIT

Please your little miss with this set



by Alice Brooks

Please your little miss with this adorable helmet and mitten set! She'll look s-o-o pretty, keep cozy-warm. Easy to knit; crochet flower trim in gay colors!

Pattern 7080: Directions for knitted helmet and mitten set; Girls' Sizes 4 to 14 included.

To obtain this pattern send twenty-five cents in coins (stamps cannot be accepted) to:

Household Arts Department, Department P.P.L., 60 Front Street W., Toronto

Be sure to write plainly your Name, Address and Pattern Number and send orders to:

Order our ALICE BROOKS Needlecraft Catalogue. Enjoy pages and pages of exciting new designs—knitting, crochet, embroidery, iron-ons, toys and novelties! Send 25 cents for your copy of this wonderful book now. You'll want to order every design in it!

Use a 100-pound feedbag or colorful remnants—make this handy apron to keep you neat and pretty on kitchen duty! See the diagram—sew easy, thrifty. Non-slip straps, plenty of protective cover—be smart, sew several!

Pattern 4880: Misses' Sizes Small (10, 12); Medium (14, 16); Large (18, 20). All Sizes, 100-pound feedbag or 1 1/2 yards 39-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

Send thirty-five cents (25c) in coins (stamps cannot be accepted) for this pattern. Write plainly Size, Name, Address and Style Number and send orders to:

Anne Adams Pattern Dept., Department P.P.L., 60 Front Street W., Toronto

Use a 100-pound feedbag or colorful remnants—make this handy apron to keep you neat and pretty on kitchen duty! See the diagram—sew easy, thrifty. Non-slip straps, plenty of protective cover—be smart, sew several!

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Fashions

Week's sew-thrifty



by Anne Adams

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Pattern 4880: Misses' Sizes Small (10, 12); Medium (14, 16); Large (18, 20). All Sizes, 100-pound feedbag or 1 1/2 yards 39-inch.

This pattern easy to use, simple to sew, is tested for fit. Has complete illustrated instructions.

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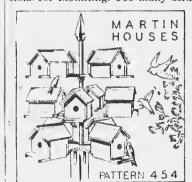
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MAKE THESE

Bird houses and handy trestle tables

Show is piled deep outside the windows of our workshop but it is not too early to begin making bird houses. This attractive colony of martin houses is easy to make when you have the actual-size pattern for the platforms and directions for mounting. Too many bird



MARTIN HOUSES

houses are made without any thought for cleaning in order to attract tenants season after season. These houses are all made from one pattern layout, and are easily cleaned as the backs are hinged. They will give years of service with the minimum of attention. Pattern 454 is 35c, or it may be ordered with Bird House Packet No. 2 containing five patterns for unique styles. Price of packet is \$1.50 postpaid.

Use a 100-pound feedbag or colorful remnants—make this handy apron to keep you neat and pretty on kitchen duty! See the diagram—sew easy, thrifty. Non-slip straps, plenty of protective cover—be smart, sew several!

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The Sports Clinic

(An official department of Sports College)
Conducted by Lloyd "Ace" Percival

Learn to control the backboards

The basketball team which controls the ball on rebounds off the backboards usually is the winning team. This is a basketball axiom. Here's a drill which will help your team improve its rebounding.

Two or three men are stationed against the backboard from the free throw line. Players try to recover the rebound. The player doing the shooting should try to mix up his shot—hard, slow, off various parts of the backboard, etc.

Players often will attack this drill with more enthusiasm if it is made competitive in the form of a contest to see which player recovers the most rebounds.

One way to lick tension

"That bothersome tension which often creeps over people at work, in school or in the home often can be eased by the following simple but effective drill. It can be done while standing, sitting or lying down.

Take a series of slow, easy, deep breaths in regular rhythm. On the inhaled tense slightly all over your body. On the exhalation, try to let everything go as loose and relaxed as can be. When you think you are as limp as possible, take another small inhaled and try to let go even more.

Try it a few times—it really works!

Knee action in skiing

One of the most important parts of skiing is your knee action. Many skiers make the mistake of trying to keep their legs too rigid. But you don't use correct knee action you can never become a

really good skier. Your knees should be flexible and springy, moving easily when you are running over rough ground. This means you must press your knees forward as far as you can while still keeping your heels flat on your skis. Don't squat—just bend the knees forward from the ankle, keeping your upper body relaxed and practically erect.

These things are especially important to remember when you are skiing downhill at high speeds. And keep in mind too, that flexible knees will help you avoid falls and possible injury.

GOOD EXPERIENCE

An ordained minister, Rev. Edward P. White, 42, is working in Massachusetts as a short order cook in a restaurant to bolster his earning power. "Much of my cooking ability as a grill man," he said, "is due to my experience working on church suppers."

Machine acts for heart and lungs

A Laval University professor has developed a machine that has taken over the functions of the heart and lungs of an animal for more than 1½ hours, it was reported recently.

Dr. Jean Louis Tremblay, professor of biology at the Quebec university, stated the 1,400-pound machine may enable surgeons to work with speed and freedom on a human heart drained of blood. Dr. Tremblay said the idea of mechanical substitution for the heart and lungs is not new and a number of machines have been developed. But they cannot adjust to the varying requirements of the human body, he added.

The professor said his machine had been used to replace the heart and lung functions of a dog, without harming the animal. The dog's heart was laid bare for inspection and manipulation, drained of blood, for more than 1½ hours.

He said "it now is, of course, up to the surgeons to say when and how it (the machine) shall be used."

BODY BUILDER

Swimming is considered one of the best exercises there is because it brings almost every muscle in the body into play.

SURPRISED

Even the prosecutor was surprised. "Are you telling the truth?" demanded the prosecutor, Paul Delaney, when the defendant denied at his trial in Vancouver that he had stolen an overcoat. "Well, as a matter of fact, I'm not," replied the accused man. "Six months," said Magistrate Gordon Scott.

FANCY CLUE

Police Capt. George Green of Traverse City, Mich., couldn't help notice the fancy breakfast ordered by two teen-age boys in the restaurant where he stopped for coffee. A little later Green learned that a nearby service station had been burglarized of \$16. He returned to the restaurant, questioned the boys, and they admitted breaking into the station.

Ticklers

—By George



"She enjoys this part of the ceremony! She's a member of a temperance society!"

WEEKLY BIBLE COMMENT

WE NEED MORE JOSEPHS TODAY

Are the times and concerns of men and nations in God's hands and therefore beyond his own care and keeping in any sense whatsoever?

Hardly. Joseph, in Old Testament history, believed that God had a plan and purpose, both for individuals and nations. But this did not mean that he subscribed to the belief that this meant that man, himself, had nothing to do. This did not mean it followed that he believed men and nations had no part or responsibility in God's plan.

Joseph worked with God, and with God's laws and forces in nature, and so must we. The world needs more planning, as well as greater production. Even when men have lived close to the soil, as in Joseph's day, the danger of lean years made planning necessary. When no man such as Joseph was at hand to store the Lord's bounty, great numbers often starved.

If that were true then, how much more is planning necessary today, when millions live away from the soil, utterly dependent on the farmers and growers and distributors of food.

We have not solved all the problems, by far, in the effective handling of the world's food, as to today's headlines testify.

Nevertheless, achievements that would at one time have been considered miraculous are today a matter of routine.

We owe a debt of gratitude to all who work and plan that we may eat and live.

But we need Josephs, and greater Josephs. And we shall have them when modern planners realize that conservation to God's purposes makes men great.

And not until then.

Wooden train best for child under eight years

If your son got an electric train for Christmas and he's less than eight years old, he would have been better off with a wooden train.

That's the opinion of Viola Hunt, family life specialist at the University of Wisconsin.

She said that a boy "is not ready for an electric train until he's about eight or nine years old. Until then, he'll be happier with a wooden train he can push around by himself."

Miss Hunt said that toys, like clothing, should fit the child who receives them.

Cannibalism in poultry flock

Causes of cannibalism in the poultry flock are often obscure, and according to T. M. McIntyre of the Experimental Farm, Canada Department of Agriculture, Nappan, N.S., the cure for such a condition is unknown.

When an outbreak occurs preventive action must be taken at once. All affected birds should be removed from the flock, and if possible, other birds showing a strong tendency towards picking should also be removed. Anything that might possibly contribute to the condition such as poor nests, insufficient hopper space, etc., should be corrected.

Outbreaks are frequently attributed to overcrowding, lack of feeder space, high temperature, insufficient and improperly constructed observation of the flock. Also, spectacles have been recently found quite effective, and many flock owners are now using them on their birds.

In extensive feeding trials at Nappan, cannibalism could rarely be related to feed, feeding procedure or environment. This led to the assumption that dietary deficiencies are rarely responsible for outbreaks.

In general, good poultry management will undoubtedly keep the flock healthy and productive, and do much towards holding cannibalism down to a minimum. Anti-pick ointments have been tried with some success but are considered messy to handle and require constant observation of the flock. Also, spectacles have been recently found quite effective, and many flock owners are now using them on their birds.

At present, however, the one effective and sure way of preventing or controlling an outbreak of cannibalism is to debark the birds. This is done by cutting off about one-half the upper beak between the tip and the nostril. Debarking may be done with a knife or shears but the electric debarker is more efficient since it cuts and cauterizes at the same time. If the birds are debarked at housing, or just before coming into lay, further debarking is usually not necessary during the laying year. However, this operation may be done at any time and generally does not affect egg production.

:: Weekly Crossword Puzzle ::

National Banner

HORIZONTAL

1 Depicted is the flag of

7 This country is on the —

12 Knotted

14 Opposed

15 Constellation

16 Stage whisper

18 Butterflies

19 Board (ab.)

20 Channels

22 Greek letter

23 Shakespearean king

25 Always

27 Icelandic sea

28 Emanation

29 Altop

30 Plural (ab.)

31 Nicked (symbol)

32 Giant king of Bashan

33 Single thing

35 Rodents

38 Organ of smell

39 Journey

40 Psyche part

41 Continued stories

47 Chances

48 Pedal digit

50 Great artery

51 Atmosphere

52 Natural fats

54 Egg dish

56 Fat

57 Measuring

58 Evinces

VERTICAL

1 Firm

2 Phrased

3 Age

4 Accomplish

5 Brother of Jacob (Bib.)

6 Bird's home

7 Commanded

8 State

9 French article

10 Three (prefix)

11 Chemical compound

12 Break in scansion

17 Pronoun

20 Igneous rocks

24 Knotty

25 Smaller

27 Jets

40 Nobleman

43 Cheerful

44 Unrefined

45 Not (prefix)

46 Type of bomb

47 Crippled

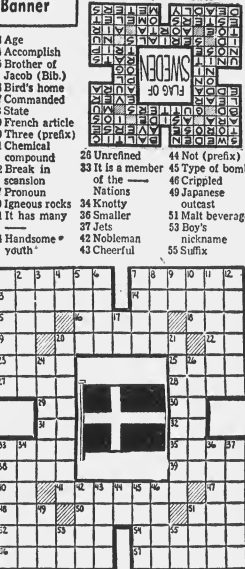
49 Japanese

50 Malt beverage

53 Boy's nickname

55 Suffix

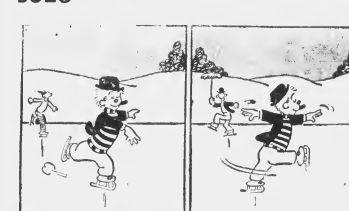
Here's the Answer



PEGGY



BOZO



THE TILLERS



—By Les Carroll

By Foxo Reardon

Eleanor Valerie Watts Weds Jos. Badzioch

Eleanor Valerie Watts became the bride of Joseph Badzioch, of Montreal, at Canadian Martyr's Church on Saturday.

The bride is the daughter of Mr. and Mrs. Herbert R. J. Watts of Ottawa and the groom is the eldest son of Mr. and Mrs. Walter Badzioch of Coleman, Alta.

White baby mums adorned the church for the 10 a.m. ceremony performed by Rev. Cornelius Herlitz. Miss Marjorie Hurley was the soloist.

Given in marriage by her father, the bride was attended by her sisters, Mrs. Norman Tepley, as matron of honor, and Miss Jocelyn Watts as bridesmaid.

Arnold Gerrish was best man and the ushers were Curt Volkmar and J. Edgar Rainboth.

Wedding Gown

The bride chose a white floor-length gown of silk taffeta fashioned with short sleeves. Alencon lace formed the neckline and trimmed the bouffant skirt. She wore long taffeta mitts coming to points over the hands.

A pleated taffeta cap held her elbow-length veil of tulle illusion and she carried a semi-cascade bouquet of white carnations and stephanotis.

Following a reception at the bride's home, the couple left for a honeymoon trip to Fort Lauderdale, Fla., and Mara Caibo, Venezuela.

To travel Mrs. Badzioch wore a three piece suit of aqua tweed with a matching hat and navy

blue bag and shoes.

Mr. and Mrs. Badzioch will take up residence in Bolivia, South America.

Blood Transfusion Service To Be TV Feature

The Canadian Red Cross Blood Transfusion Service goes on T.V. 7.00 till 7.30 p.m. on Monday, March 19th while the first mobile clinic of the year in Lethbridge will be in progress. It is expected that Mr. Robert "Bob" A. Beash, Station Engineer, will give his 30th blood donation on CJLHTV, Channel 7 so that you all may see what a simple, painless performance it is, though so important to the successful maintenance of

YOUR Blood Transfusion Service.

You ask "How much does it cost to run the mobile?" It costs a minimum of \$5.00 for each bottle collected... for equipment, transportation, processing, storing and distribution etc. No where in the world is blood collected as cheaply or as efficiently.

If, for some reason, you cannot be a donor and take your part in this vital service, don't feel you are out of the picture. You too, can help with your money donations... or your volunteer work as canvasser, clinic worker and booster. Red Cross activities welcome you all. You are giving to the Red Cross, who simply is the medium for trained, skilled and efficient handling of your funds and energy directed to help you and your family, your neighbors near and

far, a patient in your local hospital or the little child next door. YOU are the unknown friend who stood ready to lend a helping hand in the best way you knew how. All humanity thanks you.

Red Shield Appeal To Begin May 1

The Salvation Army's National Red Shield Appeal for funds will begin on May 1, and run until May 22, according to Air Marshal W. A. Bishop, V.C., C.B., D.S.O., M.C., D.F.C., E.D., LL. D., Chairman of The Salvation Army's National Advisory Board.

Commenting on the current "plethora of publicity" advocating united fund-raising, the Air Marshal said: "It is to the advantage

of Canada and Canadians to see that The Salvation Army with its national network of need-meeting institutions and services is adequately supported. The Army cannot afford not to reach its objectives, and united fund-raising is not always successful. It is gratifying to know, however, that the sign of the Red Shield has been, every year across Canada, the sign of objectives reached or exceeded."

"As incongruous as it may seem in the face of maintained national prosperity, human need is making itself increasingly known," the Air Marshal said. "The Salvation Army in Canada is caring for twice as many persons as it did ten years ago. The need for a successful appeal is therefore urgent and vital."

Roxy Theatre

A Famous Players Affiliate

COMING ATTRACTIONS

Thursday and Friday, March 22nd and 23rd

"Three Hours To Kill"

Dana Andrews · Donna Reed

He was back for vengeance and for her...The man with the rope scar on his neck...Dana Andrews and Donna Reed, Academy Award winners for "From Here to Eternity" in a spine-tingling western drama.

Mystery Western in Technicolor

Saturday and Monday, March 24th and 26th

"TIGHT SPOT"

Ginger Rogers · Edward G. Robinson

Mobsters who rule from the Sinister Shadows...of a big city's black alleys...Spinning a web of savage violence...Around one woman...Marked for death because she knew too much.

DRAMA

Special Matinee Sat., March 24, at 2 p.m.

"SAGINAW TRAIL"

Gene Autry · Smiley Burnette

Forest Raiders on a Murder Rampage

WESTERN

Chapter No. 10 of the Serial "GHOST RIDERS OF THE WEST" at Matinee Only.

Tuesday and Wednesday, March 27th and 28th

"The Long Gray Line"

Tyrone Powers · Maureen O'Hara

At last...The true heart-warming story of West Point...As it has never been told before...Brought to the screen with sincere pride...In the belief it will be among your most honored motion picture treats.

Drama · CinemaScope · Technicolor

ADMISSION PRICES 65c · 40c and 30c

Matinee Tuesday at 4.15 p.m.



EASTER GREETINGS

When you care enough to send the best, send COUTTS GREETING CARDS

Priced from 5c to \$1.00

CHOCOLATE EASTER NOVELTIES

Priced from 5c to \$1.75

BOXED CHOCOLATES

1/2 lbs. 85c and up 1 lb. \$1.30 and up
2 lbs. \$3.25 and up.

PAAS EASTER EGG COLORS, per pkg. 15c

See our stock of
Fresh Baby Bunting Nuts
Delicious Deep Roasted

COLEMAN PHARMACY

Coleman

Alberta

GRAHAM WAFERS —
I.B.C. Fresh 35c

GINGER SNAPS—
Christie's Midget,
Fresh, 1-lb. pkg. 35c

GRAHAM WAFERS—
Christie's, pkg. 33c

CHOCOLATE PUFFS —
Paulin's, just in,
pkg. 45c

SCOTCH OAT CAKES—
Marven's, pkg. 27c

CHOCOLATE PUFFS —
Christie's, Fresh
pkg. 49c

DIGESTIVE BISCUITS -
Peak Freans,
2 pkgs. 55c

SOAP SPECIAL
Woodbury's
4 Reg. size cakes 33c
3 Bath size cakes 33c

J. M. ALLAN
Phone 3617 **FREE DELIVERY**
FOR **BETTER SERVICE**
MORE SATISFACTION

WOODBURY'S SHAMPOO 1/2 PRICE SALE Reg. \$1.20 Size for 59c
TOOTH PASTE COLGATES Chorophyll SPECIAL 2 Regular 33c Tubes for 49c
TOOTH PASTE PEPSODENT Lever Bros. SPECIAL 2 Regular 33c Tubes for 49c
WOODBURY'S LOTION 1/2 PRICE SALE Reg. \$1.40 Size for 69c

PERFEX BLEACH SPECIAL

SUPPLY LIMITED

Regular Size Gallon Jug \$1.09
SAVE ...16c Whitens Deodorizes

SOAP SPECIAL Palmolive 3 Reg. size cakes 25c 2 Bath size Cakes 25c
SOAP SPECIAL Jergins Lotion Mild Soap 5 Reg. Size Cakes 35c
SOAP SPECIAL Lux Toilet Hollywood Beauty Soap 3 Reg. Size Cakes 29c

SODAS — Paulin's or Christie's, 2-lb. box 65c

SODAS— Christie's Salted or Plain, 1-lb. pkg. 35c

VITA WHEAT BISCUITS— Peak Freans, pkg. 29c

DAD'S COOKIES— Coconut, Party Pack, pkg. 40c

DAD'S COOKIES— Coconut or Oatmeal pkg. 27c

HOLLAND RUSKS — Christie's, Fresh pkg. 29c

SHORTCAKE BISCUITS Peak Freans 2 pkgs. 55c

SPECIAL MAPLE LEAF PURE SOAP FLAKES with Free Light Bulb Large pkg. 85c

Oranges

Sunkist California Navels

Fresh arrivals again for this week

Size 288 2 Dozen 79c

Size 252 2 Dozen 89c

Size 220 per Dozen 55c

Wheat Germ — Ogilvie's Food supplement, 14-oz. pkg. 55c

Ontario Cheese — Nippy Finest, per lb. 59c

Cheese — Swift's Party Time Rolls, Sharp, tangy cheddar, 1/2 lb. 35c

Swiss Cheese Slices— Kraft's, Pasteurized, 8-oz. pkgs. 38c

Swiss Cheese Portions— Kraft's, Crown brand, 1/2 lb. pkg. 55c

Velveeta Cheese—Kraft's, fresh Stock, 2-lb. Box \$1.19

Grated Cheese—Kraft's Parm-isello Sharp, 4-oz. Tin 39c

LARD — Swift's Silverleaf, Fresh Stock 2 lbs. for 39c

SWIFTING — Swift's Shortening, For Baking and frying, per lb. 35c

CRISCO — For Cakes and Pastry, Fresh Stock 2 lbs. for 79c

MARGARINE — Good Luck, Lever Bros., Twin Bars 2 lbs. for 79c

See Our Window Display For EASTER NOVELTIES

PUREX TOILET ROLLS— 3 Large Rolls for 39c

WESTMINSTER TOILET ROLLS — 4 Large Rolls 47c

KLEENEX — Regular Size 2 pkgs. for 39c

SCOTTIES FACIAL TISSUES — Economy pkg., 400 tissues for 33c

KLEENEX PINK TISSUES — Economy pack, pkg. 39c

HANDI WRAP WAX REFILLS— 100 feet Rolls 2 for 55c

ALUMINUM FOIL WRAP — 25 feet Rolls 29c

PEACHES — Castle Crest, Fancy Halves, 15-oz. tins 2 for 49c

PEARS — Harper House Fancy Bartlett's, 15-oz. tins 2 for 53c

APRICOTS — Pride of Okanagan, Choice, 15-oz. tins 2 for 49c

STRAWBERRIES — Aylmer Fancy, 10-oz. tins 2 for 39c

PEACHES — Aylmer Choice Sliced, 15-oz. tins 2 for 49c

BLUEBERRIES — Aylmer Fancy, Sweetened, 15-oz. tin 35c

PEARS — Australian Bartlett's, 15-oz. tins 2 for 53c

TEA SPECIAL

Blue Ribbon Tea Bags

Buy a package of 60 for 89c

Get 1 package of 15 FREE

SOS SCOURING PADS — New size package of 10 pads for 29c

SHINOLA PASTE WAX— With Free Pot Cleaner, 1-lb. tin 45c

JOHNSON'S NEW STRIDE WAX — For all floors, Quart tin \$1.49

SIMONIZE LIQUID WAX — Non scruff, No polishing, Quart \$1.39

GLO-COAT JOHNSON'S HARD GLOSS— with Free Blenl. Quart \$1.13

GLASS CLEANER— Aeromist, makes windows sparkle, 16-oz. bottle 33c

PRIDE FURNITURE POLISH— with Free Dusting Cloth, economy size \$1.39

HONEY — Alpha Pure, Creamed, 2-lb. Tub 69c

STRAWBERRY JAM — H. and P. pure, 4-lb. tin \$1.29

ORANGE MARMALADE— Empress pure, 2-lb. Tin 47c

3 FRUIT MARMALADE — Empress, Pure, 2-lb. Tin 45c

ROGERS' GOLDEN SYRUP— 2-lb. tin 35c 5-lb. tin 79c

MAZOLA OIL— For cooking or Salads, Gallon Tin \$2.95

SWIFT'S JEWEL SALAD OIL — 32-oz. Bottle 83c

GLIDE LAUNDRY STARCH — Ready to Use, 32-oz. bottle 43c

SUNLIGHT SOAP — The Old Reliable. 3 Bars for 38c

FELS NAPTHA SOAP— 2 Large Bars 29c

SANI FLUSH — For Toilet Bowls, per tin 35c

AMMONIA POWDER — Removes Grease 2 pkgs. 29c

ZERO — Will Not Shrink Woolens, per pkg. 59c

POWDERED BLEACH JAVEX — For Fine Fabric, pkg. 30c

PEAS — Mighty Mammoth, Fancy, 20-oz. tins 2 for 49c

BEANS — Green or Wax, fancy, Cut, 20-oz. tins 2 for 45c

CORN — Goodness Me. Fancy Cream Style, 20-oz. tins 2 for 45c

CORN NIBLETS — Green Giant, Fancy 2 tins 45c

PEAS AND CARROTS— Goodness Me, 15-oz. tins 2 for 39c

TOMATO JUICE — Libby's, Fancy, 20-oz. tins 2 for 39c

TOMATO JUICE — Heinz, Fancy, 20-oz. tins 2 for 41c

MONARCH SPONGE PUDDING

Lemon, Carmel and Chocolate

3 Packages 73c

Monarch Sponge Pudding —

Raisin, per pkg. 29c

KOBAN COFFEE

Vacuum Packed Tin

per lb. \$1.05

Coffee prices will be higher